

PE on a page at Brackley C of E Primary School

Non-Negotiables

Displays: Displays are not necessary, but photographs/videos of pupils in lessons should be added to Class Dojo on a regular basis.	Planning: Planning at BJS has been provided for each year groups' lessons (both indoor and outdoor) and are saved in the school's resources folder for PE. These can be adapted by individual class teachers. These come from a range of different sources.
Daily Structure: PE to be taught twice weekly. One session should be indoor PE and one lesson outdoor PE. Each lesson should be 1 hour long.	Assessment: Data should be recorded a minimum of 3 times a year on the pupil data tracking spreadsheet. Names should be noted of those excelling so they could potentially be chosen to represent the school in future competitions.
PE Kit: Indoor PE: black shorts, red T-shirt and plimsolls/trainers. Outdoor PE: as above, plus for the winter: black joggers/shorts and a warm sweatshirt (preferably red). No earrings, watches or jewellery should be worn.	Teachers: Teachers should wear appropriate PE kit/leisure wear. Trainers should be worn.

Lesson Structure:

Lesson beginning (all equipment should be gathered beforehand): Each lesson should begin with an appropriate warm-up activity. Discussion should take place as to why it is important to warm-up before exercising.
Main Part of lesson: Skills being covered in the lesson should be shared with pupils. Skills/tactics should be demonstrated and then practised. When appropriate small games/competitions/finished sequences should be played/completed.
End of lesson: End with a cool-down activity. Discussion should take place as to why it is important to cool-down after exercising. Pupils should get changed back into school uniform before going home.