

# SPRING/SUMMER MENU

w.c 13/4/26 4/5/26 15/6/26 6/7/26

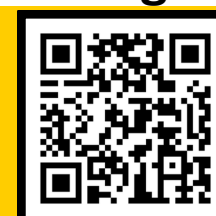
2026 - 1 POD	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main A</b>	Margherita Pizza Slice with Garden Peas & Sweetcorn (v)	Crispy Chicken Goujon Wrap with Homemade Coleslaw & Sweetcorn	Roast Chicken Fillet in Gravy with Yorkshire Pudding, Roast Potatoes & Vegetable Medley	Kingswood's All Day Breakfast	Harry Ramsden's Salmon & Sweet Potato Fish Cake with Chips & Garden Peas (Tomato Ketchup optional)
<b>Main B</b>	Spanish Frittata with Garden Peas & Sweetcorn (v)	Crispy Vegetable Nugget Wrap with Homemade Coleslaw & Sweetcorn (v)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes & Vegetable Medley (vgn)	Power Up All Day Breakfast (v)	Toastie Cheese & Tomato Panini with Chips & Garden Peas (Tomato Ketchup optional) (v)
<b>Jacket Potato A</b>	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)
<b>Jacket Potato B</b>	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Tuna Mayo, Fresh Carrot & Cucumber Sticks	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)
<b>*Free From</b>	Gluten Free Chilled Pesto Pasta Salad, Fresh Carrot & Cucumber Sticks (vgn)	Mexican Fiesta Rice with Sweetcorn (vgn)	Roast Chicken Fillet in Gravy with Roast Potatoes & Vegetable Medley	Spanish Chicken Tray Bake with Crispy Cube Potatoes	Crispy Chicken Goujons with Chips & Garden Peas <b>(Tomato Ketchup optional if allergen free)</b>
<b>Packed Lunch A</b>	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Cheese Sandwich (v) Raisins, Apple & Pudding of the day or Fruit	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Cheese Sandwich (v) Raisins, Apple & Pudding of the day or Fruit	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit
<b>Packed Lunch B</b>	Soft White Egg Mayo Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Ham Sandwich, Raisins, Apple & Pudding of the day or Fruit	Soft White Tuna Mayo Roll, Raisins, Apple & Pudding of the day or Fruit	Wholemeal Ham Sandwich, Raisins, Apple & Pudding of the day or Fruit	Soft White Egg Mayo Roll (v) Raisins, Apple & Pudding of the day or Fruit
<b>Pudding</b>	Mini Blueberry Muffin (v) or Fruit (vgn)	Summer Melon Mix (vgn)	Belgian Waffle (v) or Fruit (vgn)	Mini Jam Donut (v) or Fruit (vgn)	Tropical Cake (v) or Fruit (vgn)

(v) Vegetarian Friendly

(vgn) Vegan/Planet Friendly

\*All Free From Meals are free from top 14 Allergens

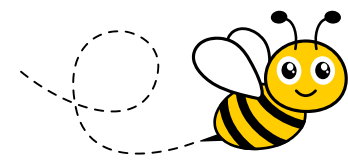
Please see online for full information of ingredients/allergens contained in the meals and puddings



[www.kingswoodcatering.co.uk](http://www.kingswoodcatering.co.uk)

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# SPRING/SUMMER MENU

w.c 20/4/26 11/5/26 1/6/26 22/6/26 13/7/26

2025 - 2 POD	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main A</b>	Margherita Pizza Slice with Baked Beans (v)	Kingswood's Pork Meatballs in Homemade Tomato Sauce with Wholemeal Pasta & Vegetable Medley	Roast Chicken Fillet in Gravy with Yorkshire Pudding, Roast Potatoes & Carrots	Healthy Beef Grill in a Bun with Potato Wedges & Garden Peas (Tomato Ketchup optional)	Breaded Fish Cake with Chips & Garden Peas, (Tomato Ketchup optional)
<b>Main B</b>	Plant Power Sausage Roll with Baked Beans (vgn)	Planet Friendly Lasagne with Vegetable Medley (v)	Golden Roast Quorn Fillet in Gravy with Roast Potatoes & Carrots (vgn)	Cheese & Onion Quiche with Potato Wedges & Garden Peas (v) (Tomato Ketchup optional)	Classic Macaroni Cheese with Garden Peas (v)
<b>Jacket Potato A</b>	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)
<b>Jacket Potato B</b>	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Tuna Mayo, Fresh Carrot & Cucumber Sticks	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)
<b>*Free From</b>	Gluten Free Tomato Pasta Salad, Fresh Carrot & Cucumber Sticks (vgn)	Rainbow Rice Salad with Fresh Carrot & Cucumber Sticks (vgn)	Roast Chicken Fillet in Gravy with Roast Potatoes & Carrots	Chicken Fillet with Potato Wedges & Garden Peas <b>(Tomato Ketchup optional if allergen free)</b>	Crispy Chicken Goujons with Chips & Garden Peas <b>(Tomato Ketchup optional if allergen free)</b>
<b>Packed Lunch A</b>	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Cheese Sandwich (v) Raisins, Apple & Pudding of the day or Fruit	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Cheese Sandwich (v) Raisins, Apple & Pudding of the day or Fruit	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit
<b>Packed Lunch B</b>	Soft White Egg Mayo Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Ham Sandwich, Raisins, Apple & Pudding of the day or Fruit	Soft White Tuna Mayo Roll, Raisins, Apple & Pudding of the day or Fruit	Wholemeal Ham Sandwich, Raisins, Apple & Pudding of the day or Fruit	Soft White Egg Mayo Roll (v) Raisins, Apple & Pudding of the day or Fruit
<b>Pudding</b>	Belgian Waffle (v) or Fruit (vgn)	Summer Melon Mix (vgn)	Chocolate & Vanilla Mousse (v) or Fruit (vgn)	Strawberry Whip (v) or Fruit (vgn)	Jam & Coconut Cake (v) or Fruit (vgn)

(v) Vegetarian Friendly

(vgn) Vegan/Planet Friendly

\*All **Free From** Meals are free from top 14 Allergens

Please see online for full information of ingredients/allergens contained in the meals and puddings



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# SPRING/SUMMER MENU



w.c 27/4/26 **18/5/26** 8/6/26 29/6/26 20/7/26

2026 - 3 POD	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main A</b>	Margherita Pizza Slice with Sweetcorn (v)	Breaded Chicken Fillet with Mashed Potato & Baked Beans	Toad in the Hole, Roast Potatoes & Green Beans	Chicken, Tomato & Basil Sauce with Wholemeal Pasta and Vegetable Medley	Golden Fish Fingers with Crispy Cube Potatoes & Garden Peas (Tomato Ketchup optional)
<b>Main B</b>	Plant Power Meatball, Wholemeal Pasta Bake with Sweetcorn (vgn)	Tasty Quorn Sausage with Mashed Potato & Baked Beans (vgn)	Planet Friendly Toad in the Hole, Roast Potatoes & Green Beans (v)	Classic Macaroni Cheese with Vegetable Medley (v)	Free Range Omelette with Crispy Cube Potatoes & Garden Peas (Tomato Ketchup optional) (v)
<b>Jacket Potato A</b>	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)	with Grated Cheese, Fresh Carrot & Cucumber Sticks (v)
<b>Jacket Potato B</b>	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Tuna Mayo, Fresh Carrot & Cucumber Sticks	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)	with Tuna Mayo, Fresh Carrot & Cucumber Sticks	with Baked Beans, Fresh Carrot & Cucumber Sticks (vgn)
<b>*Free From</b>	Homemade Sunshine Caribbean Curry with Rice & Sweetcorn (vgn)	Chicken Fillet with Mashed Potato & Baked Beans	Roast Chicken Fillet in Gravy with Roast Potatoes & Green Beans	Garden Vegetable Cottage Pie with Vegetable Medley (vgn)	Chicken Goujons with Crispy Cube Potatoes & Garden Peas <b>(Tomato Ketchup optional if allergen free)</b>
<b>Packed Lunch A</b>	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Cheese Sandwich (v) Raisins, Apple & Pudding of the day or Fruit	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Cheese Sandwich (v) Raisins, Apple & Pudding of the day or Fruit	Soft White Cheese Roll (v) Raisins, Apple & Pudding of the day or Fruit
<b>Packed Lunch B</b>	Soft White Egg Mayo Roll (v) Raisins, Apple & Pudding of the day or Fruit	Wholemeal Ham Sandwich, Raisins, Apple & Pudding of the day or Fruit	Soft White Tuna Mayo Roll, Raisins, Apple & Pudding of the day or Fruit	Wholemeal Ham Sandwich, Raisins, Apple & Pudding of the day or Fruit	Soft White Egg Mayo Roll (v) Raisins, Apple & Pudding of the day or Fruit
<b>Pudding</b>	Mini Chocolate Chip Muffin (v) or Fruit (vgn)	Summer Melon Mix (vgn)	Mini Ring Donuts (v) or Fruit (vgn)	Banana Whip (v) or Fruit (vgn)	Iced Vanilla Sponge (v) or Fruit (vgn)

(v) Vegetarian Friendly

(vgn) Vegan/Planet Friendly

\*All **Free From** Meals are free from top 14 Allergens

Please see online for full information of ingredients/allergens contained in the meals and puddings

On w.c 18.5.26 it is Census Day on Thursday 21st May don't forget to order a meal for this day to help your school



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